

## **NIH and CDC Protocols and Causing More COVID Deaths than COVID Alone!!!**

**“If You Have COVID: Why You Should NOT go to a HOSPITAL, and what you should ASK for if you are admitted to a hospital and have tested Positive for COVID! How to Prevent and Protect Yourself and Your Loved Ones from COVID and Proven Protocols, One Medical and One Natural!”**

**Prepared By: *Dr Bryan Ardis***

**CDC website directs patients and doctors to NIH Website for protocol for treating COVID Patients here is the link to CDC and under “Management” section see the link to NIH site.**

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-guidance-management-patients.html>

\*scroll down to “clinical management and treatment” and also “severe disease”, click link directing you to NIH guidelines.

**NIH issues Protocol to Hospitals, how to treat COVID patients.**

<https://www.covid19treatmentguidelines.nih.gov/whats-new/>

Read **Remdesivir** protocol on NIH site

**Remdesivir is an INVESTIGATIONAL DRUG, and is NOT FDA APPROVED FOR ANYTHING**

Do you know what the side effects of this NIH recommended investigational drug is, which is also confirmed to **NOT be FDA approved** for any medical condition.

Remdesivir overview link

<https://www.drugs.com/mtm/remdesivir.html>

**\*Remdesivir Side effects**

<https://www.drugs.com/sfx/remdesivir-side-effects.html>

read the 3 summaries under the warning section, 3 chinese produced findings from clinical experiences in CHINA on COVID patients. Read the 3rd paragraph under the WARNING BOX on this page. quoted below...

\*I quote:

Cohort of 53 hospitalized patients in manufacturer's compassionate-use program:

***Adverse effects (e.g., increased hepatic enzymes (evidence of liver damage), diarrhea (body rejecting it), rash (body trying to sweat out drug or allergic reaction to remdesivir), renal impairment (kidneys are shutting down), hypotension (fatally low blood pressure), reported in 60% of patients;***

***Serious adverse effects (e.g., multiple organ dysfunction syndrome ("more than one" organ failure), septic shock (life threatening), acute kidney injury (kidneys fail, body retains water, lungs fill with fluid causing pulmonary edema (lungs filling with fluid) being misdiagnosed as pneumonia, patients drowns to death), hypotension (fatal low blood pressure)) reported in 23% of patients in the study;***

***Drug discontinued: because of adverse effects in 8% of patients. (people who had too severe side effects to continue the drug trial with Remdesivir.***

**Memorize this number, 8%, In this chinese group 8% of COVID patients had such severe side effects to the drug, that the doctors STOPPPED the REMDESIVIR treatment to not make them more sick or kill them. Now check out this stat. Currently 7% of all treated patients in America are dying in hospitals. That number is awfully close to this 8% being poisoned by Remdesivir in the Cohort study quoted above, from [drugs.com](https://www.drugs.com). Ironic, i think NOT.**

**Check out the World Meter website which is tracking all the COVID Cases numbers and deaths worldwide.**

<https://www.worldometers.info/coronavirus/country/us/>

**Tell me what the % is, of people who lived through treatment and the % OF THOSE THAT DIED... WHAT PERCENTAGE IS DYING AS A RESULT OF TREATMENT. Look it up.**

**Did you know that United States has more than half of all the represented deaths from COVID in the entire world.... Can you guess why... Our NIH and CDC recommended protocol is POISONING our citizens and if it continues so will the massacre.**

**Read the side effects "AGAIN" from the experiences in CHINA with this investigational drug.... Remdesivir**

I quote:

“Cohort of 53 hospitalized patients in manufacturer's compassionate-use program:  
**Adverse effects** (e.g., **increased hepatic enzymes, diarrhea, rash, renal impairment, hypotension**) reported in **60% of patients**;

**\*Serious adverse effects** (e.g., **multiple organ dysfunction syndrome, septic shock, acute kidney injury, hypotension**) reported in **23%**;

**\*Drug discontinued because of adverse effects in 8% of patients.** “

To help all the educate all the readers of this presentation, I have copied definitions for each of the ADVERSE SIDE EFFECTS Listed above, due to being treated by REMDESIVIR, definitions of each from various reputable medical sources.

**Multiple Organ Dysfunction Syndrome:**

**“The multiple organ dysfunction syndrome. The most common cause of death for patients admitted to a contemporary intensive care unit (ICU) is a clinical condition that owes its existence to the development of the ICU.”** -John C Marshall, M.D.

**Acute Kidney Injury:**

Mayo Clinic in 2018 stated  
**“Acute kidney failure can be fatal and requires intensive treatment. However, acute kidney failure may be reversible. If you're otherwise in good health, (COVID death victims are NOT in Good health) you may recover normal or nearly normal kidney function.Jun 23, 2018”**

**Septic Shock:**

Medical News Today reports that- **“Septic shock is a severe and potentially fatal condition** that occurs when sepsis leads to life-threatening low blood pressure. Knowing how to recognize and prevent septic shock is vital.Sep 24, 2018”

**Hypotension:**

Mayo Clinic States-“Low blood pressure might seem desirable, and for some people, it causes no problems. However, for many people, abnormally low blood pressure (hypotension) can cause dizziness and fainting. In **severe cases, low blood pressure can be life-threatening.**Apr 21, 2020”

**\*\*4 Serious Adverse Reactions to Remdesivir, each of the 4 Serious Adverse Reactions to the Drug from studies are Potentially FATAL!\*\***

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Report in Science Magazine April 2020

<https://www.sciencemag.org/news/2020/04/how-does-coronavirus-kill-clinicians-trace-ferocious-rampage-through-body-brain-toes>

Two quotes from the Science Magazine Article above should Sound Alarm:

**Multiple battlefields (paragraph).**

“The worldwide fears of ventilator shortages for failing lungs have received plenty of attention. Not so a scramble for another type of equipment: dialysis machines. **“If these folks are not dying of lung failure, they’re dying of renal failure,”** says neurologist Jennifer Frontera of New York University’s Langone Medical Center, which has treated thousands of COVID-19 patients. Her hospital is developing a dialysis protocol with different machines to support additional patients. The need for dialysis may be because the kidneys, abundantly endowed with ACE2 receptors, present another viral target. According to one preprint, 27% of 85 hospitalized patients in Wuhan **had kidney failure. Another reported that 59% of nearly 200 hospitalized COVID-19 patients in China’s Hubei and Sichuan provinces had protein in their urine, and 44% had blood; both suggest kidney damage. Those with acute kidney injury (AKI), were more than five times as likely to die as COVID-19 patients without it, the same Chinese preprint reported.**”

Crazy right...

**IMPORTANT!**

1. **DID YOU READ THAT?!!!!!!** Reported by China... ***“Those with acute kidney injury (AKI), were more than five times as likely to die as COVID-19 patients without it”!***

2. ***Stay with me.. Those with Acute Kidney Injury are 5 X more likely to DIE than COVID patients without Acute Kidney Injury!***

**3. Remdesivir: CAUSES “ACUTE KIDNEY INJURY IN 23% of ALL patients, per the drug makers cohort study!!!! quoted again from drugs.com “Serious adverse effects (e.g., multiple organ dysfunction syndrome, septic shock, ACUTE KIDNEY INJURY, hypotension) reported in 23%;**”

**4. Logical Conclusion... If the NIH and CDC are going to enforce Hospitals to use Remdesivir as the go to drug for COVID patients, (remember it isn't even an FDA approved drug for anything). And Remdesivir Causes Acute Kidney Failure in COVID patients as reported in China's Cohort study, and COVID patients who experience ACUTE KIDNEY INJURY COVID victims are 5X more likely to die than COVID infected patients alone... Would it be logical and I scream, WOULD IT NOT BE LOGICAL TO “NOT” GIVE COVID POSITIVE PATIENTS A DRUG THAT IS PROVEN TO CAUSE ACUTE KIDNEY INJURY?!...THE ONE SIDE EFFECT OR ORGAN INJURY THAT ENSURES THE LIKELIHOOD OF YOU DYING GOES UP BY 5 times!!! Anyone else see the madness in pumping millions of people with this NON FDA APPROVED, ACUTE KIDNEY INJURY-ing AND DEATH CAUSING “INVESTIGATIONAL” DRUG, REMDESIVIR. It is MADNESS.....**

**5. Why would our government health agencies push this proven poison known as Remdesivir? Why... it doesn't make any sense.**

Second quote from Science Magazines Article cited above:

“The intestines are not the end of the disease's march through the body. For example, up to **one-third of hospitalized patients** develop conjunctivitis—pink, watery eyes—although it's not clear that the virus directly invades the eye. **Other reports suggest liver damage: More than half of COVID-19 patients hospitalized in two Chinese centers had elevated levels of enzymes indicating injury to the liver or bile ducts.** But **several experts told Science that direct viral invasion isn't likely the culprit. They say other events in a failing body, like drugs** or an immune system in overdrive, are **more likely driving the liver damage.**”

## **IMPORTANT!**

- 1. Now they are reporting the treated COVID patients in hospitals are not only experiencing Acute Kidney Injury, but now also LIVER DAMAGE!**
- 2. Remember the Serious Adverse Reactions to Remdesivir (the ONLY drug these hospitals are being told to treat COVID patients with!) I quote again.. “Serious adverse effects (e.g., MULTIPLE ORGAN DYSFUNCTION, septic shock, ACUTE KIDNEY INJURY, hypotension) reported in 23%;**”

3. Remember the definition of MULTIPLE ORGAN DYSFUNCTION SYNDROME (now we have liver and kidney injury being reported by hospitals) here is the definition from John C. Marshall.... “*The multiple organ dysfunction syndrome. **The most common cause of death for patients admitted to a contemporary intensive care unit (ICU) is a clinical condition that owes its existence to the development of the ICU.***”
  4. Hospital treatments including Remdesivir, is CAUSING Multiple Organ Dysfunction Syndrome in COVID patients, and Multiple Organ Dysfunction Syndrome is the “*The most common cause of death for patients admitted to a contemporary intensive care unit (ICU)*”
  5. Conclusion: NIH hospital protocols using Remdesivir is causing COVID patients to experience Acute Kidney Injury and Multiple Organ Dysfunction Syndrome which is Literally Killing COVID Patients 5 times more often than those suffering with COVID alone! Stop the DEADLY NON FDA-APPROVED PROTOCOL!
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### **Why is the NIH and CDC telling Hospitals to use Remdesivir?**

Because of a study on Ebola in Africa, four years ago, in which the Remdesivir trial group was taken OFF of Remdesivir half way through the trial and put on different medications being used in the study, BECAUSE Remdesivir had the HIGHEST MORTALITY RATES (DEATH RATE) of ALL 4 trial drugs!!!

Title of the study: **A Randomized, Controlled Trial Of Ebola Virus Therapeutics** (and link)

[https://www.nejm.org/doi/full/10.1056/NEJMoa1910993?url\\_ver=Z39.88-2003&rfr\\_id=ori:rid:crossref.org&rfr\\_dat=cr pub%20%200pubmed](https://www.nejm.org/doi/full/10.1056/NEJMoa1910993?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr pub%20%200pubmed)

**\*Check out Figure 1-4 in the Mortality section. Remdesivir had a higher percentage of death than ALL the other 3 trial medications for the Ebola Virus, in first 28 days of treatment.**

Follow these Study Results with the summaries quoted on [drugs.com](https://www.drugs.com) of Remdesivir's side effects and in my opinion, you have a protocol of death, if you treat any COVID patients with Remdesivir.

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Now on to PROBLEM 32, I have with the Hospital protocols for COVID.

**WHY ARE THEY PRESCRIBING MULTIPLE ANTIBIOTICS TO COVID PATIENTS IF ANTIBIOTICS ONLY KILL BACTERIA? EVERY HUMAN BEING KNOWS COVID IS AN INFECTION OF A VIRUS, AND EVERY DOCTOR AND HOSPITAL KNOWS THAT ANTIBIOTICS DON'T TREAT OR KILL ANY VIRUSES, THEY ONLY TREAT BACTERIA INFECTIONS!**

A few articles from the trusted WebMD website and statements from the CDC on use of antibiotics when you someone has a virus not a bacteria infrection.

**WebMD article titled: [Why you SHOULD NOT be prescribed antibiotics when you have a viral infection.](#) and link**

**<https://www.webmd.com/cold-and-flu/flu-treatment-antibiotics-or-not#1>**

**Quote-** “Antibiotics only cure certain infections due to bacteria -- and if taken carelessly, you may get more serious health problems than you bargained for. With any illness, it is critical to address the underlying cause, whether it's bacterial or viral. Antibiotics will not kill...viruses.”

**Dr Ardis** “Why in the WORLD are we adding ANTIBIOTICS to try and TREAT COVID, a known disease caused by a VIRUS?.. So now we are killing people who have COVID, with drug that is NOT FDA Approved drug (remdesivir) and putting unwarranted bacterial drugs, called antibiotics (that have their own side effects which some include Acute Kidney Injury as a side effect) into people with confirmed virus infections. Common American Health System, aren't we smarter than that. Appears not.”

**[\\*“Even the CDC has said that giving Antibiotics to people with Viral Infections is Dangerous!” check out this article....](#)**

**Medical News Today Article titled: [Taking Antibiotics For Viral Infections Can Do More Harm Than Good, CDC](https://www.medicalnewstoday.com/articles/237975#1)**

“According to the US Centers for Disease Control and Prevention, where children are concerned, antibiotics are the most common cause of emergency department visits for adverse drug events

Rest, fluids and over-the-counter medication is the preferred option for treating a virus, says the CDC.

Colds and many other infections of the upper respiratory tract, plus some ear infections, are not caused by bacteria, but by viruses. **Antibiotics do not work against viruses, only bacteria, yet although CDC efforts have led to fewer children receiving unnecessary antibiotics in recent years, too many are too often being given antibiotics for colds and other viral infections.”**

**<https://www.medicalnewstoday.com/articles/237975#1>**

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## **There is hope however....**

**Go with what is safe proven and use medications when warranted that are FDA approved and proven effective against ANY viruses!**

**First if you are going to do any medical treatment whatsoever use FDA approved medications. I personally would recommend Dr Richard Bartlett MD's, COVID PROTOCOL which he combines with Zinc supplementation and has experienced 100% COVID cure like ALL of his patients in Odessa, TX**

**You can watch Dr Barlett's Interview on YouTube explaining his protocol and success with COVID patients, type this title of the interview in YouTubes Search engine.**

**Dr. Richard Bartlett | ACWT Interview 7.2.20**

Here is his Dr. Bartlett's paper submitted to Ted Cruz and Delivered to the White House last week.

<https://americacanwetalk.org/wp-content/uploads/2020/07/ColumnByDrBartlettReCOVID-5.pdf>

and the links below in his paper that reference how zinc and other nutrients help fight viruses including COVID-19

Respiratory Therapeutics Week. (2020, May 11). Coronavirus - COVID-19; The LEAD COVID-19 trial: Low-risk, early aspirin and vitamin d to reduce COVID-19 hospitalizations. Respiratory Therapeutics Week. [https://search-proquest-com.proxy.pba.edu/docview/2402167642?rfr\\_id=info%3Axri%2Fsid%3Apmo](https://search-proquest-com.proxy.pba.edu/docview/2402167642?rfr_id=info%3Axri%2Fsid%3Apmo)

Skalny, A., Rink, L., Ajsuvakova, O., Aschner, M., Gritsenko, V., Alekseenko, S., Svistunov, A., Petrakis, D., Spandidos, D., Aaseth, J., Tsatsakis, A., & Tinkov, A. (2020). Zinc and respiratory tract infections: Perspectives for COVID-19 (Review). International Journal of Molecular Medicine, 46(1). <https://doi.org/10.3892/ijmm.2020.4575>

Kumar, A., Kubota, Y., Chernov, M., & Kasuya, H. (2020). Potential role of zinc supplementation in prophylaxis and treatment of COVID-19. Medical Hypotheses, 144, 109848. <https://doi.org/10.1016/j.mehy.2020.109848>

Dr Ardis' thoughts on Dr. Richard Bartlett's Protocol.

1. I believe his protocol is safe and he is using ONLY FDA-approved medications.
2. He is NOT using investigational drugs (remdesivir) that is proving to kill hundreds of thousands of people in hospitals.
3. I do not agree with his use of Antibiotics at all, but he is suggesting it short term which is better, and if you are concerned enough about your health that you want to follow a medical protocol and have COVID, I would say 100% of the time. Demand Richard Bartlett's Protocol, print his paper and give it to your primary care doctor. DO NOT GO TO THE HOSPITAL!
4. In my opinion the zinc supplementation is killing the virus, not the steroid, steroids don't kill infections, just as antibiotics don't kill viruses. However Zinc for decades has proven to kill viruses and stop viruses from replicating!

## What Dr Ardis recommends for all those who choose to take a more natural approach to boosting your immune system and handling any infection including COVID, without medications!

**My List of Nutritional Elements and their daily doses, that are PROVEN to boost immunity and Proven to reduce replication and removal of multiple viral infections.**

**Vitamin C (ascorbic acid):** (preventative 3,000 mg daily/ with COVID 10,000 mg daily) has been shown for decades to have antiviral and antibacterial benefits. It increases our White Blood Cell count (our natural antibodies) and it specifically increases INTERFERON levels, which is a chemical factor our body makes that fights viral infections specifically! At specific doses our immune system can handle effectively the removal of any virus. Here is some evidence.

J. Scott, "On the Biochemical Similarities of Ascorbic Acid and Interferon," J Theor Biol 98 (1982): 235-8.

C. Hunt et al., "The Clinical Effects of Vitamin C Supplementation in Elderly Hospitalized Patients with Acute Respiratory Infections," Int J Vit Nutr Res 64 (1994):212-9.

H. Baur and H. Staub. "Treatment of Hepatitis with Infusions of Ascorbic Acid: Comparison with Other Therapies," JAMA 156 (1954):565.

E. Ginter, "Optimum Intake of Vitamin C for the Human Organism," Nutr Health 1 (1982): 66-77.

**Zinc:** (50mg daily/ with COVID 100mg Daily, I prefer zinc gluconate) actually inhibits the growth of many viruses! A deficiency of zinc in the body causes suppression of the immune system by reducing white blood cell count, reducing T cell count, lowers thymus hormones that keep immunity strong. The immune systems strength immediately improves upon supplementation.

J.W. Hadden, "The Treatment of Zinc Deficiency is an Immunotherapy," *Int J Immunopharmac* 17 (1995): 697-701.

M. Dardenne, J. Pleau, B. Nabarra, et al., "Contribution of Zinc and Other Metals to the Biological Activity of the Serum Thymic Factor," *Proc Natl Acad Sci* 79 (1982): 5370-3.

E. Katz and E. Margalith, "Inhibition of Vaccinia Virus Maturation by Zinc Chloride," *Antimicrobial Agents Chemotherapy* 19 (1981): 213-7.

M. Gershwin, R. Beach, and L. Hurley, "Trace Metals, Aging, and Immunity," *J Am Ger Soc* 31 (1983): 374-8.

\*PLUS RICHARD BARTLETT'S two cited ZINC studies above in his protocol

**Selenium:** (Preventative 200mcg daily/ with COVID 400mcg daily) deficiency has been shown to inhibit resistance to infection as a result of impaired white blood cell and thymus function! Low in selenium, you can not and will not be able to prevent the acquiring of the COVID-19 virus and its onslaught of symptoms. Selenium supplemented stimulates increase in white blood cells and increases immediately thymus function, thus empowering your immunity!

L. Kiremidjian;Schumacher and G. Stotsky, "Selenium and Immune Responses," *Environmental Res* 42 (1987): 277-303.

M. Roy, "Supplementation with Selenium and Human Immune Cell Functions 1: Effect on Lymphocyte Proliferation and Interleukin 2 Receptor Expressions," *Biol Trace Elem Res* 41 (1994):103-14.

**Echinacea:** (Preventative 900mg daily, with COVID 1800mg Daily) herbal capsules provide the most powerful preventative and active immunity against all viruses including the Corona Virus. Every aspect of our internal immune systems are enhanced by Echinacea! It MUST be utilized now to help protect all of us.

R. Bauer and H. Wagner, "Echinacea Species as Potential Immunostimulatory Drugs," *Econ Med Plant Res* 5 (1991): 253-321.

M. Erhard et al., "Effect of Echinacea Aconitum, Lachesis, and Apis Extractsm and their Combinations on Phagocytosis of Human Granulocytes," *Phytother Res* 8 (1994): 14-7.

**Calcium:** (Preventative 1000mg daily/ with COVID 5000mg Daily, I recommend Calcium Lactate) All Viruses cause cells in the body to release their calcium from inside the cell, and this flooding exit of calcium is actually what allows the virus to enter the cell and

then infect the cell and thus replicate. In order to strengthen the immunity of each cell we must saturate the cells with enough Calcium as to prevent the invasion of viruses!

Alicia C. Strtak, Jacob L. Perry, Mark N. Sharp, Alexandra L. Chang-Graham, Tibor Farkas, Joseph M. Hyser. **Recovirus NS1-2 Has Viroporin Activity That Induces Aberrant Cellular Calcium Signaling To Facilitate Virus Replication.** *mSphere*, 2019; 4 (5)

**Your fear should be greatly reduced I hope after doing through ALL of this information I have provided. I wish all of you and your loved ones the healthiest of lives and the least amount of stress and worry imaginable. There are better alternative approaches to beat and have victory over COVID-19. We NO LONGER NEED TO BE CRIPPLED BY FEAR. Stay in touch and email if you have any questions and please follow me at my other platforms and companies if you found this presentation helpful. You can find me at each of these places below.**

**1. You can also Subscribe to my Weekly Podcast Show, “The Dr Ardis Show”, you can subscribe at Dr Ardis YouTube channel and you can find my shows on Vokal Media Platform @ [vokalnow.com](https://vokalnow.com)**

**2. As mentioned in the show I am the formulator of ALL the products at [TruLabs.com](https://TruLabs.com) and there are a lot of my personal educational videos on various health topics on our site, you can also learn more about our partnership with DUDEPERFECT at [www.trulabs.com/dude-perfect](https://www.trulabs.com/dude-perfect)**

**3. My wife and Co-founded [ArdisLabs.com](https://ArdisLabs.com) where I have created the worlds first Complete Internal and External solution for Acne. Acne affects 85% of all Americans 12-24 years old, and 15% of all adult women. Acne is caused by mineral and vitamin deficiencies that make our hormones become imbalanced which in turn causes acne. I have created the worlds first attempt and solution to solve Acne from the inside out.**

**Dr. Bryan Ardis**